## **Cheatham Hill's 2020 Virtual Field Day Activities**

- Join us the week of May 4<sup>th</sup>-7<sup>th</sup> for virtual Field Day Activities related to PE, Music, Spanish, Art, the Learning Commons, and iLab. Choose a row or column and complete the 4 activities throughout the week <u>OR</u> choose to do a blackout and do all the activities on the board.
- Share your pictures on Social Media and tag us at: @cheathamhillelementary on f, @cheatham.hill on , @CheathamHillES on . Use #WeAreChampions, #FieldDayChamp
- For more ideas for Specials or to post pictures, join the Cheatham Hill Specials' Team Facebook Group.
- If your family wants an extra challenge, register to participate in the National Field Day activities taking place on Friday, May 8<sup>th</sup>. <u>https://openphysed.org/nationalfieldday</u>

Balloon Stomp	SpArt - Spanish & Art 4th and 5 <sup>th</sup> - "Welcome to My House"	Junkbot	Cup Challenge
Take a string/ribbon and tie it to a blown-up balloon and then tie the other end to your ankle and on the word GO everyone tries to pop everyone else's balloon. Last one to still have their balloon wins.	Create your own Spanish House by drawing the rooms and writing about them in Spanish. Visit Mrs. Gonzalez's blog for the printable activity and directions. https://mrsrgonzalez.edublogs.org/	Look around your house for found items (buttons, pipe cleaners, googly eyes, etc.) and recycled materials (soda cans, magazine pictures, toilet paper rolls, etc.) and build a robot out of "junk".	Line up 6 cups on table or floor, with a ping pong ball or coin, toss into the cups. When ball/coin go into cup turn it upside down, play until all cups have been turned over.
Musical Instrument Hunt Go around your house for a Musical Instrument Hunt. What are things in your house that you can turn into music instruments? Try to create a beat on the object.	Solo Cup Bowling Get 6 or 10 plastic cups and a small ball. Set cups up in bowling arrangement, back up away from cups and try to roll ball to knock down all the cups with just 2 rolls. Continue to see how much you can improve!	<b>Sound Effects</b> Turn on a TV show and turn the sound way down. Can you use your voice and other things around the house to create sound effects for the actions you see in the show?	SpArt - Spanish & Art K and 1 <sup>st</sup> - "I Love My Mom" Color and cut out a Spanish Mother's Day Bookmark! Visit Mrs. Gonzalez's blog for the printable activity and directions. https://mrsrgonzalez.edublogs.org/
Bitmoji Creation Cut out Mrs. Courant's Bitmoji and take pictures of her traveling around your house or yard. Share your pictures in the Cheatham Hill Specials' Team Facebook Group. Want another challenge? Try building Mrs. Courant her very own: slide, race car, classroom or tree house. Be creative!	Water Balloon Toss Fill a balloon with water and tie it. See how many times you and a partner can toss the balloon before it breaks. As an added challenge, take one step away from your partner after each successful toss. If you don't have a partner, then toss it up in the air and catch it until it breaks.	<ul> <li>SpArt - Spanish &amp; Art 2<sup>nd</sup> and 3<sup>rd</sup> - "Emoji Creation"</li> <li>Create an Emoji foldable to match your colored Emoji to the correct Spanish emotion.</li> <li>Visit Mrs. Gonzalez's blog for the printable activity and directions.</li> <li>https://mrsrgonzalez.edublogs.org/</li> </ul>	Balloon Carry Get 3 balloons and put one under each arm and one between your legs and then walk/run down and back to a designated point. If balloon falls you must stop and put it back under arm or in between legs before continuing.
Marble Madness Get a large bucket, small pool or just use the ground, put marbles in bucket/etc. With your bare feet try to pick up all of the marbles with your toes and put them in a different bucket/etc. Keep going until all of the marbles have been picked up and moved.	<b>Book Balance</b> Place a book on top of your head. Walk back and forth for about 10 feet. See how many laps you can do in one minute without the book falling off of your head.	Hot Shot Get a bouncy ball and a trash can and see how many times out of 10 tries you can shoot the ball into the can. Then see how many times out of 10 tries you can bounce the ball into the can.	hi